

WEEK 1

THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	PAN-ASIAN VEGETABLE BURRITO with Garlic & Herb Wedges and Salad  	PAN-ASIAN YELLOW VEGETABLE CURRY with Wholegrain Rice   	HOT DISHES: Paninis Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings   SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad   SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich   Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette WRAPS: BBQ Chicken Wrap  Chicken Caesar Wrap  Crunchy Pepper and Houmous Wrap  
TUE	BURGER BAR JERK CHICKEN BURGER with Baked Garlic and Herb Wedges and Salad	BURGER BAR BLACK EYED BEAN BURGER with Baked Garlic and Herb Wedges and Salad 	
WED	SPICE IS NICE TANDOORI CHICKEN with Wholegrain Rice and Salad 	SPICE IS NICE SPICED SWEET POTATO AND CHICKPEA ROAST with Wholegrain Rice and Salad   	
THURS	STREET CHEESY BOLOGNESE HOT POT with Baked Garlic and Herb Wedges and Vegetables	STREET OPEN CAJUN VEGETABLE FAJITA with Baked Garlic and Herb Wedges and Vegetables  	
FRI	FRIDAY FAVOURITES CRISPY CHICKEN KATSU BURGER with Wedges and Baked Beans or Peas	FRIDAY FAVOURITES BBQ QUORN BITES with Wedges and Baked Beans or Peas 	



Vegetarian



Vegan



Oily Fish



Wholegrain



Nutritionist's Choice

Our menu is subject to change.

WEEK 2

THIS WEEK'S MENU

W/C: 10/11/2025, 01/12/2025, 22/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026, 06/04/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE VEGAN CHILLI with Wholegrain Rice and Chipotle Sweetcorn   	SPICE IS NICE SPINACH AND CHICKPEA DAHL with Wholegrain Rice, Vegetables and Mint Raita   	HOT DISHES: Paninis Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings   SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad   SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich   Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette WRAPS: BBQ Chicken Wrap  Chicken Caesar Wrap  Crunchy Pepper and Houmous Wrap  
TUE	BURGER BAR SRIRACHA CHICKEN BURGER with Baked Garlic and Herb Wedges and Salad	BURGER BAR TIGER BHAJI BURGER with Baked Garlic and Herb Wedges and Salad 	
WED	PAN-ASIAN STICKY MANDARIN PORK with Vegetable Fried Rice and Satay Sweetcorn 	PAN-ASIAN SWEET CHILLI VEGETABLE NOODLES with Satay Sweetcorn  	
THURS	STREET FIRECRACKER BEEF with Wholegrain Rice and Vegetables  	STREET VEGETABLE JAMBALAYA with Green Beans 	
FRI	FRIDAY FAVOURITES BATTERED FISH with Wedges and Baked Beans or Peas	FRIDAY FAVOURITES CHEESE, ONION AND POTATO SLICE Wedges & Baked Beans or Peas 	



Vegetarian



Vegan



Oily Fish



Wholegrain



Nutritionist's Choice

Our menu is subject to change.

WEEK 3

THIS WEEK'S MENU

W/C: 17/11/2025, 08/12/2025, 29/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE CHICKPEA & TOMATO MASALA with Wholegrain Rice and Vegetables   	STREET CHEESE & BEAN TOASTIE With Garlic & Herb Wedges an Vegetables 	HOT DISHES: Paninis Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings   SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad   SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich   Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette WRAPS: BBQ Chicken Wrap  Chicken Caesar Wrap  Crunchy Pepper and Houmous Wrap  
TUE	PAN-ASIAN SWEET THAI CHILLI CHICKEN NOODLES with Salad 	PAN-ASIAN VEGETABLE NOODLE POT with Salad  	
WED	ITALIAN MAC CHEESE BOLOGNESE with Margherita Pizza Pinwheel and Salad 	ITALIAN MAC CHEESE VEGGIE BOLOGNESE with Margherita Pizza Pinwheel and Salad 	
THURS	STREET SRI LANKAN CHICKEN ROTI STIR-FRY with Wholegrain Rice and Vegetables  	STREET YAKISOBA SOYA NOODLES with Vegetables  	
FRI	FRIDAY FAVOURITES SOUTHERN FRIED CHICKEN GOUJONS with Wedges and Baked Beans or Peas	FRIDAY FAVOURITES " CHEESY" BEAN BURGER with Wedges and Baked Beans or Peas 	

 Vegetarian

 Vegan

 Oily Fish

 Wholegrain

 Nutritionist's Choice

Our menu is subject to change.